#### What is Consent?:

#### **Consent means**



- Consent means agreeing to sexual activity — for example, kissing, touching, intercourse with another person
  - Consent is voluntary
  - In Canada, you must be 16 years old or older to Consent to sexual activity
- Even if you Consent to sexual activity, you can still change your mind (decide you want to stop)

# Without permission (consent), it is Sexual Assault.

This information provided by Ontario Coalition of Rape Crisis Centres. For more information, go to www.sexualassaultsupport.ca

## Some Examples of No Consent!

You are too scared to say No.



You are tricked, bullied or threatened until you say Yes.





You are drunk or high.



The other person is a family member — for example, father, aunt, grandfather, cousin.

Or the other person is a professional — for example, teacher, doctor, interpreter — employed to help you.

## Need Help? If yes, you can:

- Tell someone you trust: friend, teacher, doctor, nurse, relative, counsellor.
- Go to the hospital, see a doctor or go to a clinic
- Visit www.sexualassaultsupport.ca
- Call the police. Do not bathe or shower if you are reporting sexual assault.

### You have the right to:



Ask for an Interpreter

Ask for a rape crisis worker to accompany you



Wheelchair access (including washrooms).

Understand medical and police procedures.

